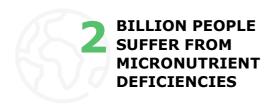


## **BIOFORTIFICATION AND FORTIFICATION:** PREVENTING CHRONIC MALNUTRITION



- Micronutrient deficiencies a leading cause of intellectual disability, blindness in children, maternal death in childbirth. It affects 2 billion people and contributes to 5% loss of GDP globally.
- Biofortification and fortification can provide the required micronutrients (such as zinc, iron, vitamin A, iodine, folate).

#### REQUIRED MICRONUTRIENTS FOR:

7inc

Iodine

physical cognitive immune healthy mental eve function heálth arowth system pregnancy health



Iodine

Iron



Vitamin A











7inc Iron Vitamin A

Iodine & Folic Acid

Zinc

#### **USE CASE:**

Over 1 million children die each year due to Vitamin A and zinc deficiencies

## **BIOFORTIFICATION**

Breeding seed parents with desirable traits, e.g. drought tolerance, high yield to develop high-micronutrient biofortified child varieties.

Only conventional crop breeding and agronomic techniques are used.











crop A: e.g. high levels of micronutrients

crop B: e.g. climate-resilient

varieties

crop AB: climate-resilient and highly nutritious

- Biofortified foods help fill daily nutrient requirements
- Cost-effective and sustainable: one time investment in seeds, recurring costs are low
- Higher yields and ability to adjust to climate change

## **HIGH RETURN ON INVESTMENT:**

\$1 INVESTED IN BIOFORTIFICATION GENERATES

USD \$17 IN RETURN

from reduced illnesses, increased earnings and work productivity.

**BIOFORTIFICATION RESULTS: REDUCTION OF** 

VITAMIN A DEFICIENCY by up to 22%

via Vitamin A sweet potato (reduction of illness, mortality).



ZINC WHEAT





ZINC RICE

**50%** 

VITAMIN A MAIZE



VITAMIN A SWEET **POTATO** 

IRON PEARL MILLET





# **BIOFORTIFICATION AND FORTIFICATION:**PREVENTING CHRONIC MALNUTRITION

#### **FORTIFICATION**

Adding micronutrients during food processing

 Large scale food fortification provides a substantial increase in nutrients (including iron, folate, vitamin A) to vulnerable populations

#### **ADVANTAGES OF FOOD FORTIFICATION:**







easily integrated into daily life

low cost

incorporates local private sector's products



#### **SUCCESS STORY ON IODINE:**

Since 1990, the proportion of households consuming iodized salt worldwide increased from less than 20% to 88% and the

**number of countries with iodine deficiency** (the world's leading cause of preventable mental impairment)

decreased from over 110 to 20.

#### **HIGH RETURN ON INVESTMENT:**

\$1 INVESTED IN FOOD FORTIFICATION GENERATES

**USD \$27** IN RETURN

#### **FORTIFICATION RESULTS:**

REDUCTION OF CHRONIC MALNUTRITION

#### **COMMON FORTIFIED FOODS:**

maize meal, wheat flour, salt, rice, cooking oil

Return on Investment (ROI) / low annual cost per person:





### **HOW TO SOLVE TOGETHER?**



We are calling businesses and development aid agencies to help us fund and execute biofortification and fortification solutions which have an incredibly high return on investment and which open doors for the young generations to thrive.

